

The Villages Archery Club

Meeting Minutes

March 11, 2024

Opened the meeting with Welcome and Pledge of Allegiance. Approximately 47 members in attendance.

Three new members/guests introduced themselves.

Old Business:

- The CPR/AED training is scheduled for 5:30 p.m., April 8 at Rohan. The training will be in lieu of the regular Club meeting. The training group can handle up to 50 people. An email will be sent out with instructions on how to register for the training.
- Paul thanked all of the club members who volunteered to support The Villages Outdoor Expo, especially John Gauger and MaryAnn Hartman who covered an extra shift when a couple people couldn't show up.
- The Villages Discovery Series will hold an archery event March 26 from 1:00 to 2:50 at the Dudley range. It is expected that the volume of Villagers participating in this even will be high, so a lot of lane coaches are needed. Also, the Dudley range will be closed to normal use at that time.
- The Public Relations Director position remains open.

Officer Reports:

- **Secretary:** We currently have about 192 members, including a couple that joined at this meeting. Mary also conducted a website demonstration to show where the RSVP, Meeting Minutes and Email history are available.
- **Paradise Range:** Sunny said that the damaged boot brush/scrapper is being looked at and discussed with the Rec Center. She also reminded everyone that if they have any issues or suggestions regarding the Paradise range, they should contact her, not the Rec Center directly.
- **Dudley Range:** Kevin stated that signs were posted reminding everyone to return targets to 20 yards, and that, in general, archers are doing a better job returning the targets. He also mentioned that several cores have been replaced and that several targets need foaming, which will take them out of service for a few days.
- **Tournaments:**
 - Mike Sellers announced that he is working with the Silver Springs Archery Club to put together a 3D league. He stated that league fees would be \$10 and range fees would also be \$10 per session, unless you joined the Silver Springs club for \$100 a year. More information is forthcoming.
 - Mike also stated that he was investigating facilities for indoor shooting, especially for the hot summer days, and cold winter days. So far, a suitable location has not been located.
 - Paul provided the results from the March 9-10 tournaments:

- March 9 Polk County Senior Games: MaryAnn Hartman, John Gauguer, and Rick Aaron participated. MaryAnn and John placed first in their divisions, and Rick placed third in his division.
 - March 9-10 NFAA Indoor State and Sectional Championships: Dave Van Nice and Paul Nesbitt participated and both finished second place in their divisions in both the State and the SE region.
- Reminder that the Club will be holding a Lake of the Woods tournament on March 16 at 9:00 a.m. There will be two formats for this tournament: Traditional - 10 targets, at 5 yard intervals, from 20-65 yards, and Intermediate – 5 targets, at 5 yard intervals, from 20-40 yards. Target face sizes are adjusted based on the distance. More info has been sent in an email to the club membership, and the RSVP is still open on website.
- **Fun Shoots:**
 - Jerry Engel stated that the March 9 Fun Shoot, held at Dudley, went very well and there were 24 shooters. Jerry reminded everyone that the next Fun Shoot is 10:00 a.m. on Saturday, April 13, at the Paradise range. The theme will be Easter, and targets will be progressional with targets at longer distances for compound shooters.
- **Leagues:**
 - Donna announced the winners of both the 600 League and the Mini-600 League. She also said that there has been a good response to the Spring League RSVP and that more information will be coming soon regarding the exact format and instructions for establishing handicaps.
- **Social Committee:**
 - Rachel Burge reminded everyone that the next Social event will be a pot-luck immediately following the April 13 Fun Shoot. She also mentioned that we will also be holding a Senior Games warm-up 600 tournament later that day for those interested.
- **Treasury:** Jim reviewed the January 2024 financials (*see below for Presentation material*).

New Business:

- **There was no new business**

Education/Entertainment:

- Rod Burge presented an overview of the education series that he will be presenting in upcoming meetings. This will cover a variety of topics and focus mainly on the technical and mental processes. Rod's presentation can be seen below.

Event Look-Ahead:

- Paul reviewed the 2024 archery event calendar and reiterated that if any club members are participating in events not listed on the calendar, to let Paul know so he can get it added.

AGENDA PRESENTATIONS



The Village Archery Club

“Lake of the Woods” Tournament Format

Note: Format is based on *NFAA Rules*

Full Tournament

- 1) 10 Targets
 - a. 20/25/30 yds FITA **40cm** 5 color target face
 - b. 35/40/45/50 yds FITA **60cm** 5 color target face
 - c. 55/60/65 yds FITA **80cm** 5 color target face
- 2) 3 arrows per end MAX score each end “30” Max score per round “300”
- 3) Shooters will shoot **2** rounds with a 10-minute time out after the first round.
- 4) Each Archer will be assigned starting shooting lane (i.e. 1,2,3.....) up to lane “10” at the completion of each end & after scoring archers will advance to the next shooting land/distance in order (i.e. If you START on lane 3 your next end will be shoot on lane 4 etc.)
 - a. At the start of the match there will be 2 PRACTICE ends at your initially assigned lane!!
 - b. After the 2 practice ends SCORING will begin at your initially assigned lane. There will be NO practice ends after ½ time!!
- 5) After ½ time you will start your 2nd round on you initially assigned lane
- 6) The Paradise Facility shall be laid out as shown in Fig A



Intermediate Tournament

- 1) 5 targets
 - a. 20/25/30 yds FITA **40cm** 5 color target
 - b. 35/40 yds FITA **60CM** 5 color target
- 2) 3 arrows per end MAX score each end “30” MAX score each round “150”
- 3) Shooters will shoot **4** rounds with a 10-minute time out after the 2nd round.
- 4) Each Archer shall be assigned a shooting lane starting at lane 12 thru 16 (Note Lanes 11 & 17 will not be shot) at the completion of each end the archer will advance to the next shooting lane from land 12 thru 16 (i.e., If you start on lane 13 your next lane will be 14 etc.)
 - a. At the start of the match there will be 2 PRACTICE ends at your initially assigned lane!!
 - b. After the 2 practice ends SCORING will begin at your initially assigned lane. There will be NO practice ends after ½ time!!
- 5) After ½ time you will start your 2nd half (i.e. 3 round) at your initially assigned lane
- 6) See Fig A for the range layout.

NOTE: 2 Archers per lane per end. If more then 20 archers register for full tournament OR more then 10 archers register for the Youth/Short Distance tournament then shooting will be have an “A” & “B” line, alternating A/B-B/A first up.



The Villages Archery Club

March 11, 2024

The Villages Winter 600 Archery League 2024 Week 8 : 02/26/2024

Team Standings

Team	Points	Total
4	4.0	24.5
1	4.0	22.0
3	1.0	20.0
2	1.0	13.5

Season High Scores

Event	Archer	Score
Indiv. Act.:	Aaron	586
Indiv. Net:	Hartman	656
Team Act.:	Team 4	2199
Team Net:	Team 3	2502

Individual Top 5

Archer	Pt. Avg.
1. Dirnberger	.750
Parks	.750
3. Van Nice	.714
4. NesbittM	.688
5. NesbittP	.667

2024 Final Results

Event	Total	Prize	Winner(s)
Team Champions	24.5	\$80	Team 4 (Dirnberger, Endres, Parks, Engel)
Individual Champion	.750	\$10	Ken Dirnberger
(Co-Champions)	.750	\$10	Paul Parks
High Team Actual	2199	\$20	Team 4 (Dirnberger, Endres, Parks, Engel)
High Team Net	2502	\$20	Team 3 (Peterson, Van Nice, Creighton, NesbittP, Hartman)
High Individual Actual	586	\$10	Rick Aaron
High Individual Net	656	\$10	MaryAnn Hartman
Most Improved	+51.17	\$10	Paul Nesbitt
		\$170	

The Villages Winter Mini-600 Archery League 2024 Week 8 : 02/26/2024

Team Standings

Team	Points	Total
1	4.5	21.5
3	3.5	21.5
2	1.5	19.0
4	0.5	18.0

Season High Scores

Event	Archer	Score
Indiv. Act.:	Jones	566
Indiv. Net:	Wallace	652
Team Act.:	Team 1	2136
Team Net:	Team 3	2459

Individual Top 5

Archer	Pt. Avg.
1. Carlin	.714
2. Wallace	.625
3. Black	.563
Breuer	.563
5. 6 Tied	.500

NOTE: Team 1 wins via tie-breaker by winning the season matches against Team 3 (7.5 - 2.5).

2024 Final Results

Event	Total	Prize	Winner(s)
Team Champions	21.5	\$80	Team 1 (Breuer, Matyus, Wilhelm, Wallace)
Individual Champion	.714	\$20	Rick Carlin
High Team Actual	2136	\$20	Team 1 (Breuer, Matyus, Wilhelm, Wallace)
High Team Net	2459	\$20	Team 3 (Carlin, Pate, Black, Holstun)
High Individual Actual	566	\$10	Tom Jones
High Individual Net	652	\$10	Sherie Wallace
		\$160	



The Villages Archery Club

Treasurers Report – as of February 29, 2024

Balance as of January 1, 2024	\$10,163.21
Balance as of February 29, 2024	\$ 9,960.42
February Revenue Total	\$ 133.00
Dues	\$ 110.00
Merchandise	\$ 23.00

February Expenses – Total	\$ 371.83
Tournament Expenses	\$ 213.08
Social Events	\$ 87.92
Supplies	\$ 54.78
Plaque - Doris	\$ 16.05
Year-To-Date Profit (Loss)	\$ (202.79)



The Villages Archery Club

Event Look Ahead

2024 Tournaments/Events

Mar 16: Lake of the Woods (Paradise)
Mar 26: Villages Discovery Series (Dudley)
Apr 8: AED/CRP Training (Rohan)
April 13: Fun Shoot (Paradise)
April 13: Senior Games Warmup (Paradise)
Apr 20: Villages Senior Games (Paradise)
 May 10-12: Gator Cup (Newberry)
May 11: Fun Shoot (Dudley)
May 18: 900 Round (Paradise)
June 6: Camp Villages (Paradise)
June 8: Fun Shoot (Paradise)
 June 8-9: Sunshine State Games (Gator B)
July 13: Fun Shoot (Dudley)
July 11: Camp Villages (Paradise)
 July 27: FAA 720 (Newberry)
Aug 1: Camp Villages (Paradise)
Aug 10: Fun Shoot (Paradise)

2024 Tournaments/Events (cont.)

Sept 21: Gainesville Sr. Games (Gator B)
 Sept 7-8 : Florida FITA 1440 (Newberry)
Sept 14: Fun Shoot (Dudley)
Oct 12: Fun Shoot (Paradise)
Oct 13: Larry Boyd Classic 600 Round
 Oct 26-27 : FAA State Target Championship
 Nov 2: Golden Age Games (Sanford)
 Nov 9: FAA International Championship
Nov 9: Fun Shoot (Dudley)
Nov 16: 900 Round (Paradise)
 Dec 7 : Florida Senior Games (Wesley C)
Dec 14: 300 Round (Paradise)
Dec 21: Fun Shoot (Dudley)

An Archery Club Training Idea

What are your thoughts on:

- Archery Training Sessions in a progression manner
- Or, Individual Training Sessions on Selected Topics

At the end we would like your input

The Three Plateaus of Most Any Shooting Sport

- Equipment Focus (*Beginner Level*)
- Shot Mechanic Focus (*Intermediate Level*)
- Mental Game Focus (*Advanced Level*)

The Three Archery Levels of Growth or Development that everyone fits into:

- Beginner
- Intermediate
- Advanced

What are the stages and potential pitfalls of each

Each of the above will be a dedicated discussion (with some examples) after a club meeting

We will not go into what is the best:

- Bows
- Arrows
- Release or Release types
- Sights
- Rests
- Etc.

These are all personal choices just like Chocolate and Vanilla ice cream.

Example of discussion topics for each level

Beginner

The learning curves

- What are your Archery Goals
 - Social, Fun, Leagues, Tournaments
- The equipment pitfall
- Information overload & getting lost
- Etc.

Intermediate (*You're starting to get serious now*)

This section will take multiple sessions

- Equipment Game vs Mental Game
- Shot mechanics
- Pitfalls of Equipment Setup & **OVER** tuning your Equipment
- Practice Plans & The Three Routines (Pre shot, Shot Execution, Post Shot)
- Negative Effects of your Conscious Mind
- Arrows:
 - Benefits of finding the Stiff Spine
 - Benefits of Clocking arrows
- The Dreaded "**TP**"
 - What are you really afraid of
 - Demystifying & Working with it
- Surprise Shot vs Punching vs Controlled Shooting (don't confuse with *Command Shot*)

How **SCORING** can be detrimental to your game

Advanced (*Learning Curve will never end*)

- Reinforce & Remember Beginner, Intermediate levels
- Reinforcing **YOUR** Fundamentals
- Practice **YOUR** Game
- Restrain from Imitating/Copying Others
- Remember: 99% of the time it's not the equipment
- Periodic Shot Evaluation